COLGATE UNIVERSITY

HEALTH AND WELFARE BENEFIT PLAN

PLAN DOCUMENT

AND

SUMMARY PLAN DESCRIPTION
This document is provided for informational purposes only. While it is not intended to provide all the details of the Plan it is intended to help you understand how the Plan works and answer the most frequently asked questions about the Plan. You can find a full description of the terms and conditions of the Plan by making a request either to the Senior Assistant Director of Human Resources who was appointed to handle the day-to-day operation of the Plan by the Plan Administrator or to the applicable insurance carrier/claims administrator listed on Schedule B. This additional material, such as those that may be provided by an insurance carrier, may contain more details concerning the benefits offered under the Plan. While every effort has been made to make certain that the information given to you is consistent between all material, if there is any conflict in this information, the Plan Administrator has the responsibility to interpret the conflicting provisions and determine what benefits will be provided.

Additionally, the following information is not intended to create and does not create a contract, expressed or implied, or a guarantee of employment for any specific duration. The Employer reserves the right, at its sole discretion, to change any of the contents of this document at any time and without notice.

Finally, the Employer intends to continue this Plan indefinitely, but reserves the right to amend, modify, suspend, or terminate the Plan at any time by the Plan Administrator by action of the President in coordination with the Board of Trustees. The Plan may not be amended or modified through any oral statement by a representative of the Employer or anyone else working with, or in any way related to, the administration or operation of the Plan. The Plan is maintained for the exclusive benefit of employees and their dependents.
The Privacy Rules and Security Rules that are part of the Health Insurance Portability and Accountability Act (HIPAA) require that we provide to participants who elect a health plan option under the Plan a written notice of how an individual’s health information may or may not be used without the individual’s authorization and the security precautions used to protect any electronically transmitted health information.

The following information is applicable to health information related to health plans offered under the Plan. In addition, your healthcare insurance carrier may provide you with a separate notice that indicates your rights and protections under the insurance carrier’s plan.

Included below is a summary of the full Privacy and Security Notice that is also included on the attached Schedule E. It is important that you and your covered dependents read this information.

Please note that the Plan is a hybrid plan as defined under HIPAA. This means that the Plan includes both healthcare benefits subject to the Privacy Rules and the Security Rules and other benefits that are not subject to the Privacy Act. The Privacy Rules and Security Rules requirements do not apply to health information related to disability benefits, workers’ compensation benefits, life benefits, or employment-related information (i.e. sick notes, drug tests, etc.)

Summary of the Privacy and Security Notice Related to Your Individual Medical Information

The Plan is required to maintain the privacy of “protected health information,” which includes any identifiable information that we obtain from you or others that relates to your health, your healthcare, or payment for your healthcare under a medical plan option.

**Uses of Protected Health Information**

- The group health plan can use or disclose your protected health information for purposes of healthcare treatment, healthcare payment, and healthcare operations, as described below and in greater detail in the full notice (Schedule E).

- The group health plan may contact you to provide information about treatment alternatives or other health related benefits and services.

- The group health plan may disclose your protected health information to your family or friends or any other individual identified by you.

- The group health plan will only disclose the protected health information directly relevant to their involvement in your care or payment.

- Except for certain situations, the group health plan will not use or disclose your protected health information for any other purpose unless you provide authorization. You have the right to revoke that authorization at any time.
Your Rights

- You have the right to request restrictions on the uses and disclosures of protected health information, but the health plan is not required to agree to your request.

- You have the right to request to receive communications of protected health information by alternative means or at alternative locations.

- With some exceptions detailed in the full notice, you have the right to inspect and copy the protected health information contained in the Plan’s records.

- You may request a correction to your protected health information, but the Plan may deny your request.

- You have the right to receive an accounting of disclosures of protected health information or of any security incident of which the Plan or the Employer has become aware.

- You have the right to receive a paper copy of the full notice as provided in Schedule E.

Filing a Complaint

If you believe that your privacy rights have been violated, you should immediately contact our Privacy Officer who is the Associate Vice-President of Human Resources at Colgate University.

Contact Person

If you have any questions or would like further information about this notice, please contact our Privacy Officer at 315-228-7565.
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PLAN PURPOSE

The Colgate University Health and Welfare Plan (the “Plan”) became effective on January 1, 2006 and was restated as of January 1, 2007. The Plan provides benefits as described in this document, the insurance carriers’ booklets, the claims administrators’ booklets, Employee handbooks, and/or collective bargaining agreement. These insurance carriers and claims administrators are listed on the attached Schedule B. Certain benefits are provided by Colgate University (the “Employer”) under the Plan at no cost to participating employees. In addition, participating employees may purchase certain contributory benefits on a tax-favored (that is, pre-tax) basis and may create individual spending accounts for medical and dependent care expenses. Other benefits may be purchased on an after-tax basis.

The following information, together with the materials (booklets, certificates, contracts, etc.) prepared by the insurance carriers and the claims administrators, form both the Summary Plan Description (SPD) and the written plan document for the purposes of the Employee Retirement Income Security Act (“ERISA”) and the Internal Revenue Code (the “Code”).

In addition to the benefits offered under the Plan, employees may have the opportunity to purchase individual insurance policies. These policies are not covered by this Plan.

ACTIVE EMPLOYEE INFORMATION

ELIGIBILITY – Active Employees

If you are a regular employee of the Employer or a “Participating Employer” (a related employer that has adopted the Plan for its employees, as listed on the attached Schedule D) and you are regularly scheduled to work at least 20 hours per week, you are eligible for benefits under the Plan as of your “Entry Date.” Your Entry Date is dependent upon the benefit type and is detailed below:

- Non-disability benefits – Date of hire as an eligible employee.
- Short-term disability (STD) – Date that is 30 days from your date of hire as an eligible employee.
- Long-term disability (LTD) – Date that is 1 year after your date of hire as an eligible employee unless you were enrolled in a group LTD plan during the 3 month period prior to your date of hire as an eligible employee. If you were enrolled in a group LTD plan during that period, your Entry Date is your date of hire.

Please note that individuals who are classified by the Employer or a Participating Employer as non-employees (e.g., independent contractors) are not eligible to participate in the Plan. The Employer or a Participating Employer also may designate certain other groups of employees (e.g., temporary employees, contract workers, etc.) as not being eligible to participate in the Plan. If you have questions about whether you are eligible to participate in the Plan, you should contact the Plan Administrator.

When you become eligible for benefits, your dependents that meet the eligibility criteria described in the insurance carriers’ and/or claims administrators’ booklet(s) may also become covered for certain benefits as indicated on the attached Schedule A.

The Plan also permits your domestic partner to be covered for medical and dental benefits only under the Plan. The Plan defines a domestic partnership as being eligible for benefits if both individuals meet all of the following general conditions and must sign the Colgate University Application for Domestic Partner Benefits (available from Human Resources) which provides more specific requirements and any required documentation:
• Both are adults who are not married (relationships that meet the standards of a common-law marriage are considered to be legally married and are NOT domestic relationships) but who share a committed, exclusive relationship, and consider themselves to be each other’s sole spousal equivalent;

• Both are at least 18 years of age and are competent to consent to contract;

• The domestic partner relationship must have been in existence for at least 6 months prior to applying for domestic partner benefits.

It is important to note that in accordance with the Internal Revenue Service (IRS) regulations, an Employer must report the employer paid premium amount for domestic partners and their dependent children as additional taxable income to you. This applies if such individuals do not meet the IRS definition of a dependent. It is suggested that you contact your legal and/or tax advisor to determine how this may affect you.

The IRS also forbids an employee from paying their contribution for a domestic partner (and his/her children) with pre-tax dollars. Therefore, your payment towards this coverage will be made with after-tax dollars.

**ENROLLMENT – Active Employees**

You must select which contributory benefits you would like to purchase through the Plan. Your decision must be made during the annual enrollment period that takes place **before** the beginning of each Plan Year. The Plan Year is the same as the calendar year or, for new employees, **before** the time you first satisfy the Plan’s eligibility requirements.

During each annual enrollment period, you will be provided with the opportunity to change the contributory benefits that you previously elected. If you are already participating in the Plan and you fail to make an election for the upcoming Plan Year (that is, you fail to complete and submit an election form within the time periods established by the Plan Administrator), then you will be treated as having elected (1) to continue your prior year’s elections with the exception of any spending account elections and (2) not to establish spending accounts under the Plan. Additionally, by enrolling in a plan that requires contributions, you are authorizing the appropriate deductions to be made from your paycheck.

For benefits provided by the Employer or a Participating Employer that do not require employee contributions, you automatically will be covered for these benefits upon completion of the required waiting period and, if applicable, after submitting any required enrollment forms. Except as provided below, once you make (or fail to make) an election under the Plan and the Plan Year has begun, you may not modify, alter, amend, or revoke your election until the next annual enrollment period.

**When Coverage Begins**

Coverage begins as follows, provided you complete and submit the necessary enrollment forms by the date indicated:

- *For newly eligible employees and their eligible dependents*, coverage on your Entry Date as described above.
- *For annual enrollment*, coverage begins on the following January 1.
• For mid-year plan election changes as a result of birth or adoption, the change is effective on the date of the event or the loss of other coverage if you notify the Human Resources Department within 30 days of this event.

• For mid-year plan election changes as a result of marriage or divorce, the change is effective on the date of the event or the loss of other coverage if you notify the Human Resources Department within 30 days of this event.

• For mid-year plan election changes due to a status change (other than changes as a result of marriage, divorce, birth or adoption) as outlined below, the change is effective as of the first day of the month following the event provided you timely notify the Human Resources Department within 30 days. However, if the mid-year plan election change is due to a court order adding a dependent to your existing health coverage, the change will be effective as soon as administratively possible.

Mid-Year Plan Election Changes Due to Status Events

Please keep in mind that once made, your choices to receive benefits under the Plan generally must remain in effect for the entire Plan Year. However, under the following special circumstances (referred to as “Status Events”), you may be able to change your selected benefits during the Plan Year:

• **Legal Marital Status**: Your marriage, divorce, legal separation, annulment, or the death of your spouse;

• **Number of Dependents**: The birth, adoption, placement for adoption, or death of a dependent;

• **Employment Status**: The termination or commencement of the employment of you or your spouse or dependent;

• **Work Schedule**: The reduction or increase in hours of employment or other changes in employment category of you or your spouse or dependent, including a switch between part-time and full-time, a strike or lockout, or commencement or return from an unpaid leave of absence, including a leave of absence under the Family and Medical Leave Act (“FMLA”);

• **Change in Dependent Status**: Any event that causes your dependent to satisfy or cease to satisfy the requirements for coverage due to attainment of age, student status, or any similar circumstance as provided in the health plan under which you receive coverage;

• **Residence or Worksite**: A change in the place of residence or worksite of you or your spouse or dependent;

• **HIPAA Special Enrollment Rights**: A change due to the requirements of HIPAA; and

• **COBRA Eligibility**: A covered individual becomes eligible for COBRA or a state mandated continuation of health coverage benefit.

The following changes are also Status Events, but these Status Events **only affect medical and dental benefits and healthcare spending account** and would not entitle you to make a mid-year election change for any other coverage options:

• **Entitlement to Medicare/Medicaid**: A covered individual becomes entitled to or loses eligibility for Medicare or Medicaid; and

• **Judicial Order**: A change is required by a Qualified Medical Child Support Order (“QMCSO”) as described in more detail in a later section in this summary, or other judgment, decree, or order resulting from a divorce, legal separation, annulment, or change in custody.

The following changes are also Status Events, but these Status Events **do not apply to a healthcare spending account** and would not entitle you to make a mid-year change in your healthcare spending account election:
• **Automatic Changes in Your Elections:** If the costs of certain benefits under the Plan increase or decrease during a Plan Year, the Plan may, on a reasonable and consistent basis, automatically modify your elections to reflect this increase or decrease in costs. These automatic increases/decreases generally will occur in situations where there are small periodic changes in the costs of benefits that occur during the middle of a Plan Year (e.g., an insurance carrier makes a cost-of-living adjustment to its coverage option during the middle of a Plan Year);

• **Significant Increase in Cost:** A *significant* increase in the cost of a coverage option may allow you to increase your contribution amount, revoke your election and elect similar coverage under another coverage option, or drop coverage if no similar coverage option is available. (Please note that under a dependent care spending account, the cost change rule only applies to cost changes required by a dependent care provider who is not a relative of the employee.);

• **Significant Decrease in Cost:** A *significant* decrease in the cost of a coverage option may allow you to revoke your existing election and elect coverage under such option;

• **Significant Curtailment of Coverage Option:** A *significant* curtailment of a coverage option that does not constitute a loss of coverage may allow you to revoke your election and elect similar coverage under another coverage option. If the significant curtailment of coverage does constitute a loss of coverage, you also may be allowed to drop coverage if no similar coverage is available; and

• **Addition or Improvement of Coverage Option:** If a new coverage option is added, or if coverage under an existing option is *significantly* improved, you may be permitted to revoke your existing election and elect the new or improved coverage option.

A Status Event for an employee or a dependent must affect the individual’s eligibility for the Plan’s benefits. Additionally, any requested change in the affected benefit must be consistent with the occurrence of the underlying Status Event. Finally, mid-year plan election changes must be made no later than **31 days** following the date of the Status Event that is the basis for the change.

The notice should be submitted to the Human Resources Department. Upon receiving notification of the change in status, the Human Resources Department will send you any required forms to complete and sign. Your coverage change will be effective on the first day of the month after you provide timely notice to the Human Resources Department. However, if the requested change is due to the birth, adoption, or placement for adoption of a dependent child, coverage will be retroactively provided to the date of the event, again subject to timely notice of the event.

Please note that if the change request is not made within this time frame, the change may not be made until the next annual enrollment period.

**Waiver of Benefits for Dependents**

If you previously elected to waive coverage for a dependent, you will be eligible to apply for coverage for that dependent during the next annual enrollment period or, in some circumstances, during a “special enrollment” period as described below. If you waive medical coverage for yourself (you will be automatically enrolled for single dental coverage), coverage will also be waived for your dependents. In no event will coverage be in force for your dependents if you have not enrolled in the Plan to receive similar coverage.

**Special Enrollment Rights for Medical Coverage**

Under certain circumstances, eligible employees who waived coverage for themselves and/or for their dependents may elect to enroll in the Plan without having to wait for the next annual enrollment period.
These special rights are provided under the Plan pursuant to HIPAA. HIPAA provides for a special enrollment period under certain circumstances, such as the following two instances:

- **Loss of Other Coverage:** If an employee who declines coverage for himself and/or his dependents when initially eligible because of coverage under another group health plan or insurance arrangement, and such other coverage terminates, the eligible employee and/or his dependents may elect to enroll in the Plan effective as of the first day of the month after the Human Resources Department receives the enrollment application and “certificate of coverage” from the other health plan; provided, that it is submitted within 30 days of the loss of such other coverage.

- **New Dependents:** If an employee declines coverage when initially eligible and subsequently acquires a new dependent through marriage, birth, adoption, or placement for adoption of a child, the employee may elect to enroll the employee, the employee’s uncovered spouse (if applicable), and the employee’s new dependent(s); provided that the enrollment application is submitted to the Human Resources Department within 30 days of such event with appropriate documentation reflecting this change. Coverage will be effective as of the date of the birth, adoption, or placement for adoption, or as of the first day of the month after enrolling due to a marriage, as applicable.

The booklets prepared by the insurance carriers and claims administrators will contain a more detailed description of these Special Enrollment Rights and HIPAA’s rules.

*Automatic Medical Coverage for 31 Days for a Newborn Child or a Newly Adopted Newborn Child*

If you have a child or adopt a child while you are receiving medical coverage under the Plan, your new child will automatically receive medical coverage from the date of birth/adoption for a period of 31 days. If you do not notify the Human Resources Department that you have a new child and/or if you do not apply for medical coverage for the child before the end of this 31-day period, medical coverage for your new child will terminate at the end of the 31-day period.

If you are not already receiving coverage for dependents, and if you are required to contribute toward the cost of coverage, you must apply for medical coverage (and pay any required contribution) within 31 days of having your new child in order to continue the child’s coverage beyond that date. If you are already receiving coverage for dependents, you must still notify the Human Resources Department of your new child so that his/her claims can be processed. Also, if the addition of this new child changes your Plan election, i.e. “Single” to “Family,” your contribution amount may be increased accordingly. If you fail to apply for medical coverage (or pay the required contribution) within the 31-day period, benefits will be payable only for covered expenses incurred by the child while coverage was in force. If you fail to timely enroll your new child during the 31-day period, coverage for your new child will cease at the end of the 31-day period and you will have to wait until the next annual enrollment period to enroll your child under the Plan.

*Periods of Creditable Coverage*

In addition to the special enrollment rights described above, HIPAA also establishes rules that may limit the length of any pre-existing condition exclusions provided under a particular health coverage option that is available under the Plan. Although the booklets prepared by the insurance carriers and claims administrators will contain a more detailed description of these pre-existing conditions and HIPAA’s rules, keep in mind that a pre-existing condition exclusion generally may not last for more than 12 months (18 months for certain late enrollees) and that, in some instances, this time limit may be reduced by a prior period of creditable coverage. If you have a prior period of creditable coverage (as evidenced by a
You should make sure to provide this certificate of creditable coverage to the Human Resources Department and your insurance carriers. If you are not sure if these pre-existing conditions or creditable coverage rules apply to you, you should contact the Human Resources Department or your insurance carriers. Also, when your coverage ends under this Plan, you will be provided with a certificate of creditable coverage reflecting your period of coverage under this Plan.

Procedures for Requesting Certificates of Creditable Coverage

You and your dependents may request a certificate at any time while you are covered under the group health plan and up to 24 months after losing coverage under the Plan. You may send a written request to:

Human Resources Department  
Colgate University  
13 Oak Drive  
Hamilton, NY 13346-1398  
(315) 228-7411

Contributions and Benefits During an FMLA Leave

Your benefits will cease if you stop making contributions during the middle of a Plan Year. Unless you experience a mid-year status event change as described above or take leave under the federal Family and Medical Leave Act ("FMLA"), you will not be able to resume these contributions and reinstate your benefits in most cases on a pre-tax basis. The earliest that you could resume pre-tax contributions would be the beginning of the next Plan Year.

If you take leave of absence that is approved under FMLA, you may elect to continue your benefits during the period of your FMLA leave or you may elect to discontinue your benefits. To continue your benefits during a period of FMLA leave, you will need to make arrangements with the Employer to continue your contributions during this period of leave. When you resume employment after an FMLA leave, you generally will be permitted to resume your benefits and to resume making contributions on a pre-tax basis. A more detailed description of FMLA leaves can be found in the Family and Medical Leave section below.

Rehired Employees

If you terminate employment and are later rehired, you may resume your participation in the Plan after you again satisfy the eligibility requirements described above.

EXCLUSIONS AND LIMITATIONS – Active Employees

The benefits offered under the Plan are described below. However, these benefits may be limited under certain circumstances. Please refer to the appropriate insurance carrier’s, claims administrator’s, or Employer’s information for a complete description of a particular benefit’s exclusions or limitations. It is important to note that a benefit plan’s provisions may also vary in accordance with state requirements.
Employer-Provided Benefits

The following benefits are provided to you under the Plan without any required contribution. A description of these benefits is included in the booklets (this also refers to benefit certificates) provided by the insurance carriers/claims administrator (See Schedule B) who offer these benefits. These booklets are distributed to you at the time that you become eligible to participate in the Plan and are incorporated by reference under the Plan. If you have questions about these benefits, you should contact the Human Resources Department or the insurance carriers directly. The benefits that are provided by the Employer are as follows:

- dental employee only coverage
- basic life;
- accidental death and dismemberment (AD&D);
- basic short-term disability (STD), excluding Faculty and Administrators;
- basic long-term disability (LTD);
- an employee assistance plan (EAP); and
- business travel accident.

Benefits You Can Purchase on a Pre-Tax Basis

In addition to these Employer-provided benefits, you may also elect to receive other benefits and pay for them on a pre-tax basis. The advantage of paying for these benefits on a pre-tax basis is that you will not pay federal income taxes (and, in most states, no state or local income taxes). The end result is that you will have a higher take-home pay than if you purchased the same coverage on an after-tax basis. However, as noted above, you may only change your pre-tax elections during annual enrollment unless you have a qualifying status event that is described above.

The benefits that you may purchase on a pre-tax basis under the Plan are as follows:

- medical plan coverage, including prescription drugs;
- dental plan coverage for dependents;
- healthcare spending account; and
- dependent care spending account.

The exact medical and dental plan options available to you and any required contributions will be communicated to you when you are first eligible for the Plan and during each annual enrollment period. Please remember that each benefit under the Plan has separate rules governing benefits and plan administration. These rules are set forth in the insurance carriers’ and claims administrators’ booklets. To the extent that you have not received them, you can request copies of these booklets by contacting the Plan Administrator or the insurance carriers directly.

Benefits You Can Purchase on an After-tax Basis

There are also benefits that you can purchase under the Plan on an after-tax basis. The benefits that you can purchase under the Plan on an after-tax basis are as follows:

- voluntary employee life insurance;
- voluntary life insurance for your spouse; and
• voluntary life insurance for your dependent children

RETIREE INFORMATION

If you are a retired employee, you and your dependents may be eligible to continue medical, dental, or life benefits offered under the Plan. Your actual benefits and your contribution amounts will depend upon such criteria as your retirement date and your seniority on the date that you retire. This information will be communicated to you when you retire. If you have any questions concerning the availability of retirement benefits to you, please contact the Human Resources Department.

As with all other benefits offered under the Plan, the Plan Sponsor has the right to amend or terminate benefits.

EXCLUSIONS AND LIMITATIONS – Retiree Employees

Benefits offered may be limited under certain circumstances. Please refer to the appropriate insurance carrier’s, claims administrator’s, or Employer’s information for a complete description of a particular benefit’s exclusions or limitations. It is important to note that a benefit plan’s provisions may also vary in accordance with state requirements.

ALL PLAN PARTICIPANTS

COORDINATION OF BENEFITS

If you have other coverage that is available to you (e.g., Medicare coverage or coverage under another group health plan), there may be situations where the Plan will need to “coordinate” benefits (that is, determine which coverage is primary and which coverage is secondary for purposes of paying benefits). The booklets prepared by the insurance carriers and the claims administrators contain a more detailed description about these coordination of benefits rules. If you have any questions about how these coordination of benefits rules may apply to you, you should contact the Human Resources Department or the insurance carriers and claims administrators directly.

PAYMENT OF BENEFIT COSTS

If you elect to receive benefits other than the Employer-provided benefits described above, the premiums for these benefits will be paid by you through payroll deductions (either on a pre-tax or after-tax basis, depending upon the type of benefit elected). In addition to this share of the premium payments, the following is a brief description of the other types of costs that you may be required to pay under the Plan for healthcare benefits, but keep in mind that the exact amount of the costs will be described in the booklets prepared by the insurance carriers/claims administrator:

• **Copayments:** For most services, including office visits or purchasing prescription drugs, you will need to pay a flat fee known as a copayment.

• **Deductible Amounts:** A deductible is the amount of covered expenses you must first pay during each Plan Year before the Plan will start reimbursing you for covered expenses. The individual deductible applies separately to each covered person. The family deductible applies collectively to all covered persons in the same family. When the family deductible is satisfied, no further deductible will be applied for any covered family member during the remainder of that Plan Year.

• **Coinsurance:** Once you have paid your deductible amount, you may be responsible to pay a percentage of your medical expenses. The percentage that you will be required to pay will depend upon the type of service/benefit that is provided.
- **Out-of-Pocket Expense Maximums:** If the amount you pay for covered expenses reaches a certain amount, the Plan will pay 100% of any additional covered expenses. Please note that out-of-pocket expense maximums for network providers will not apply toward out-of-pocket expense maximums for out-of-network providers. Also, please note that certain amounts are not included in the calculation of out-of-pocket maximums. These expenses include, but are not limited to, any amounts for which you were “balance billed” (as described below) and expenses not covered under the Plan.

Your share of these costs is dependent upon the insurance plan selected and whether you use network providers or not. Network providers have agreed to accept a negotiated/discount fee for services. A network provider cannot, unless an ineligible service is provided, bill you for amounts over these negotiated rates. An out-of-network provider can bill you for expenses over the prevailing costs as determined by the Plan. This is known as “balance billing.” Therefore, you generally can reduce your costs by using a network provider. You will be informed of where or how you can access the current listing of the network hospitals, physicians, and other providers when you first enroll in a healthcare plan. Please note that if you elect to use a Health Maintenance Organization (HMO) Plan option, out-of-network services generally are not available.

**INSURANCE CONTRACTS AND PROVIDER DISCOUNTS**

Any monies refunded to the Employer due to an actuarial error in the rate calculation will be the property of and retained by the Employer. Similarly, any amounts returned to the Employer as a result of negotiated discounts with a provider or a network of providers will be the property of and retained by the Employer.

**SPENDING ACCOUNTS – Active Employees**

In addition to the benefits that you may elect to receive as described above, you may also elect to make pre-tax contributions to a spending account(s). There are two types of spending accounts available to you: a healthcare spending account and a dependent care spending account. You can then use these spending accounts to pay for certain healthcare and dependent care expenses on a pre-tax basis.

It is important to note that it is not intended for the Plan to discriminate in favor of highly compensated individuals or key employees as to eligibility to participate, contributions, and benefits in accordance with Code Section 125. In order to comply with these nondiscrimination requirements, the Plan Administrator may exclude certain highly compensated individuals or key employees from participation in the Plan, or limit the contributions made by certain highly compensated participants or key employees, without the consent of the employees.

**How Spending Accounts Work**

The two spending accounts are for separate categories of expenses – one for healthcare and the other for dependent care expenses. You will make an election to determine how much (if any) will be contributed to your spending account(s) through periodic payroll deductions. The maximum amount that you may contribute to each type of spending account during any given year is described in the attached Schedule C. The amounts that accumulate in your spending account(s) may be used to reimburse you for certain qualifying healthcare and dependent care expenses that you incur during the Plan Year.

To receive reimbursement from your spending account(s), you must complete a claim form and submit it (along with copies of your receipts) to the designated claims administrator listed on Schedule B by the Employer. In addition to a paper “claim” you will be offered the ability to use a debit card for healthcare
expenses. However, please keep your receipts for expenses paid by through the debit card as the claims administrator may require substantiation of such expenses.

If a claim for reimbursement from your healthcare spending account is approved, you will be reimbursed the full amount of your eligible expenses up to the remaining balance of the amount you have elected to contribute for the entire Plan Year (regardless of whether such contributions actually have been made at the time your claim is submitted).

For dependent care expenses, you will only be able to make claims for reimbursement up to the amount you actually have contributed to your dependent care spending account at the time your claim is submitted.

Claims will be paid as soon as administratively possible but not to exceed a one-month turn around; provided, that all necessary documentation has been submitted.

After the designated claims administrator reviews the claim, you will be informed of the amount to be reimbursed. If you believe that you have been reimbursed incorrectly, you may submit a claim for benefits under the claims and appeals procedure established by the claims administrator.

Eligible Expenses Payable from Your Healthcare Spending Account

Expenses that are eligible to be paid from your healthcare spending account include expenses such as deductibles and copayments, uninsured medical and dental expenses, vision care, hearing care and certain other medically necessary over-the-counter expenses. Generally, the expenses covered must be “medically necessary,” or prescribed by a licensed physician to qualify. Covered expenses for this type of spending account do not include premiums paid for other health plan coverage (including plans maintained by the employer of your spouse or dependents); or expenses for non-reconstructive cosmetic surgery.

Eligible Expenses Payable from Your Dependent Care Spending Account

Eligible expenses that may be paid from your dependent care spending account must be expenses for dependent care for your qualifying dependents and must be expenses that are incurred to enable you (if single) and your spouse (if married) to work. For this purpose, qualifying dependents are those individuals who meet the definition of a qualifying dependent under Code Sections 21. If you have any questions regarding dependent eligibility, you should contact the Human Resources Department.

Examples of eligible dependent care expenses include payments to child-care centers, nursery schools, and schools for qualifying dependent children. Eligible expenses also include payment for summer day camps, after-school care, and elderly care. Care within your home by a relative (for whom you do not take a standard tax exemption; provided, that the relative is not a child under 19 or a spouse or a non-relative, as long as such a person is reporting payments as income), also may be eligible.

Please be aware that educational expenses to attend kindergarten or a higher grade and overnight camp expenses are not eligible dependent care expenses.

Please keep in mind that you may be able to take a federal tax credit for eligible dependent care expenses up to $3,000 (for one dependent) or $6,000 (for more than one dependent). The credit can equal 35% of expenses, reduced by one percentage point (but not to drop below 20%) for each $2,000 (or fraction) by which your adjusted gross income exceeds $15,000. Any amounts deferred to a dependent care spending
account will reduce, dollar-for-dollar, the maximum allowable expense under the tax credit. You should consult your personal tax adviser if you think you may be eligible for this tax credit.

Another tax credit available under current tax law is the earned income credit. This credit also reduces dollar-for-dollar the federal tax you have to pay, but it is calculated a little differently from the child care credit described above. The credit is available to individuals with a qualifying child who is under age 19 (or under age 24 if a student) or is totally and permanently disabled. An additional credit may be available to individuals with a child under the age of one. The credit does not depend on the amount of money that you pay in child care expenses. This earned income credit has no effect on the amount that you can contribute to a dependent care spending account for such expenses. Additionally, the use of a dependent care spending account may result in a reduction in your taxable income and this reduction could qualify you for the earned income credit.

**Other Facts to Consider Regarding Spending Accounts**

Although spending accounts provide you with an opportunity to pay certain expenses on a pre-tax basis, the IRS has placed some restrictions on using spending accounts:

- **Limited Ability to Change Contribution Elections:** Contribution elections for your spending accounts generally must remain in effect for the entire Plan Year unless you have a Status Event as described above.

- **Use it or Lose it Feature to Spending Accounts:** Under the Plan, all spending accounts have a “use it or lose it” feature such that any excess amounts remaining in your spending account(s) after you have submitted all reimbursable claims for the Plan Year will be forfeited to the Employer. Any excess amounts in your spending account(s) cannot be combined, carried over into the next Plan Year, or converted to cash.

Under applicable tax laws, all (or healthcare spending or dependent care spending accounts) have a “use it or lose it” feature such that any excess amounts remaining in your spending account(s) after you have submitted all reimbursable claims for the Plan Year including the Grace Period described below will be forfeited to the Employer. Any excess amounts in your spending account(s) cannot be combined, carried beyond the Grace Period, or converted to cash.

- **Reimbursement during the Grace Period – The Plan permits a Grace Period for incurring qualified benefits.** The Grace Period is defined as the 2 ½ period immediately following the end of the Plan Year; therefore the end of the Grace Period is March 15 of each year.

The effect of the Grace Period is to provide participants with an additional period of time to incur expenses to be reimbursed before spending account balances will be forfeited under the “use it or lose it” rules. During the Grace Period, unused benefits or contributions may not be cashed-out or converted to any other taxable or nontaxable benefit. Unused benefits or contributions relating to a particular qualified benefit may only be used to pay or reimburse expenses incurred with respect to that particular qualified benefit.

Any unused account balances from the preceding Plan Year which exceed incurred expenses during the grace period may not be carried forward to any subsequent period and will be forfeited.

So, if you choose to open a spending account, you should exercise care in estimating your reimbursable expenses for the upcoming Plan Year.
Periodic Statements and Submission of Claims: When you elect to contribute to a spending account, you will be provided with instructions on how to file a claim with any supporting information. You will receive statements periodically to remind you how much money is left in your spending account(s). This money must be used for expenses incurred before the end of the Plan Year or it will be forfeited. You may continue to submit claims up to 4 months (April 30) after the Plan Year ends for expenses incurred before the earlier of the end of a Plan Year or the date you stopped making contributions to your spending account(s).

QUALIFIED MEDICAL CHILD SUPPORT ORDERS

Generally, your Plan benefits may not be assigned or alienated. However, an exception applies in the case of a “qualified medical child support order” (“QMCSO”). Basically, a QMCSO is a court-ordered judgment, decree, order, or property settlement agreement in connection with state domestic relations law which either creates or extends the rights of an “alternate recipient” to participate in a group health plan, including this Plan, or enforces certain laws related to medical child support. An “alternate recipient” is any child of a Participant who is recognized by a medical child support order as having a right to enrollment under a Participant’s group health plan.

A medical child support order must satisfy certain specific conditions to be qualified. You will be notified by the Plan Administrator if a medical support order that applies to you is received and the Plan’s procedures for determining whether the medical child support order is qualified. You may obtain a copy of these procedures, without charge, by contacting the Plan Administrator.

Except for a QMCSO, your rights and benefits under the Plan generally cannot be assigned, sold, transferred or pledged by you or reached by your creditors or anyone else.

MATERNITY AND NEWBORN COVERAGE

Since the Plan offers medical benefits that include maternity and newborn coverage, you are advised that under federal law, the Plan may not restrict benefits (or fail to provide reimbursement) for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a normal vaginal delivery, or less than 96 hours following a cesarean section, or require authorization from the Plan or its administrator or the insurance issuer for prescribing a length of stay not in excess of the above periods. However, federal law generally does not prohibit the mother’s or newborn’s attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

WOMEN’S HEALTH AND CANCER RIGHTS ACT

The Women’s Health and Cancer Rights Act requires that all medical plans cover breast reconstruction following a mastectomy. Under this law, if an individual who has had a mastectomy elects to have breast reconstruction, the medical plan must provide the following coverage as determined in consultation with the attending physician and the patient:

- reconstruction of the breast on which the mastectomy has been performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance; and
- prostheses and physical complications at all stages of the mastectomy, including lymphe demas
Benefits received for the above coverage will be subject to any deductibles and coinsurance amounts required under the medical plan for similar services.

FAMILY AND MEDICAL LEAVE – Active Employees

Under the federal Family and Medical Leave Act of 1993 (“FMLA”), you may, with the exception of leave for the care of a seriously ill or injured member of the military service, take up to 12 weeks of unpaid leave during a 12-month period under certain circumstances with certain assurances of job security and health coverage during this leave. For the care of an injured member of the military service, you may take up to 26 weeks of unpaid leave in a 12-month period. However, FMLA leave is limited to a combined total of 26 weeks for all FMLA leave in a 12-month period.

To be eligible for FMLA benefits, you must: (1) have at least twelve (12) months of service; and (2) have worked at least 1,250 hours during the 12-month period preceding the start of the leave.

Reasons for FMLA Leave

FMLA leave is available for the following reasons:

- the birth, adoption, or placement of a child for adoption or foster care;
- to care for an immediate family member (spouse, child, or parent) with a “serious health condition” (as defined below);
- for your own “serious health condition”, which renders you unable to perform the essential functions of your position; or
- the care of a military service person who has a serious health condition. The service member can be your spouse, son, daughter, parent, or the service member’s next of kin.

A “serious health condition” is an illness, injury, impairment or physical or mental condition that involves:

1. any period of incapacity or treatment in connection with or consequent to inpatient care (e.g. an overnight stay) in a hospital, hospice or residential medical care facility;
2. any period of incapacity requiring absence from work, school, or other regular daily activities, of more than three calendar days which also involves “continuing treatment by a healthcare provider” (as defined below);
3. that involves continuing treatment by a health care provider for a chronic serious health condition or a long-term condition that are incurable or so serious that, if not treated, would likely result in a period of incapacity of more than three calendar days;
4. any period of incapacity due to pregnancy or prenatal care; or
5. any absence to receive multiple treatments for restorative surgery or medical intervention such as chemotherapy for cancer or dialysis for kidney disease.

The phrase “continuing treatment by a healthcare provider” means any one or more of the following:

1. the employee or family member is treated two or more times for the injury or illness, either by, under the supervision of, or due to a referral by, a healthcare provider;
2. the employee or family member is treated for the injury or illness by a health care provider on at least one occasion that results in a regimen of continuing treatment under the supervision of a healthcare provider; or
3. the employee or family member is under the continuing supervision of, but not necessarily being actively treated by, a health care provider due to a serious long-term or chronic condition or disability which cannot be cured (e.g. Alzheimer’s disease, severe strokes, terminal cancer).

**Amount of FMLA Leave**

An eligible employee is generally entitled to a total of up to 12 weeks of FMLA leave in any 12-month period, measured on a rolling basis backwards from the date the leave in question begins. As noted above, the exception to the 12 week limit, is leave for the care of a military service member which extends the maximum leave time to a total of 26 weeks. Each time you take FMLA leave, the remaining leave entitlement would be the balance of any unused FMLA leave that had not been used during the immediate preceding 12 months. If you and your spouse are employed by the Employer and are both otherwise eligible for FMLA leave, the two of you are entitled to a combined total of up to 12 (or 26) weeks of FMLA leave for the birth, adoption, or placement for adoption or foster care of a child. FMLA leave must be taken consecutively except that taking intermittent leave or working on a reduced schedule is permitted when medically necessary due to your own serious health condition or that of your spouse, child or parent. Under no circumstance is an employee eligible for more than 26 weeks of FMLA leave in a 12-month period.

**Notice and Certification Requirements**

When the need for leave is known in advance, an application for leave should be submitted in writing to the Human Resources Department at least 30 days before you want the leave to begin. When the need arises unexpectedly, notice should be given as soon as possible, at a minimum within two days of learning of the need for leave. If you request leave due to your own or a family member’s serious health condition, you may be required to provide, within 15 days of the request, medical certification from a healthcare provider on an Employer-provided form. Recertification of a serious health condition during leave and an update regarding your intent to return to work may be required every 30 days. The Human Resources Department has the forms and related information or will know who you need to contact to get them. Failure to comply with certification requirements will result in denial or revocation of FMLA leave.

**Integration with Other Leave**

Unless prohibited by state law, FMLA leave runs concurrently with any one or more of the following types of leave: occasional absence, short-term disability, salary continuation, sick, vacation and personal days. However, you may elect to have your leave on an unpaid basis. Even absent a request for FMLA leave, the Employer may designate an absence as FMLA leave and count it toward your statutory entitlement of 12 weeks if the Employer determines that the leave qualifies or may qualify as FMLA leave.

In addition, if you are also eligible for leave under state law, such leave will run concurrently with FMLA leave unless prohibited by state law. You can receive additional information about such state laws by contacting the Human Resources Department.

**Benefits**

While on FMLA leave, your health and other benefit coverage will continue under the same terms as if you were working, and you continue to be responsible for the same portion of your health premiums and for payment(s) for other Employer benefit coverage as you paid before taking the leave. During unpaid FMLA leave, you must arrange for personal payment in accordance with the provisions of the applicable plans. If a required premium is not received within 30 days of the due date, the coverage may be dropped.
for the remainder of the leave. If you do not retain health benefits during an FMLA leave, coverage may be reinstated upon return from the leave on the same terms that were in effect prior to the leave, subject to any adjustments made for similarly situated employees, without any qualifying period, physical examination or exclusion for pre-existing conditions. However, any claims will not be reimbursed if incurred during any period during which you did not pay your required contribution and coverage was dropped for non-payment.

Except as required by COBRA, the Employer’s obligation to maintain health benefits ceases upon any of the following:

- you inform the Employer of your intent not to return from leave;
- you elect not to continue health coverage during the leave;
- your required premium payment is delinquent by more than 30 days, or
- you fail to return after an FMLA leave is exhausted.

There will be no loss of seniority rights or any benefits accrued prior to the date on which leave is commenced. During an FMLA leave of absence, personal leave, sick time, holidays, and vacation time will not accrue unless otherwise determined by the Employer on a uniform and nondiscriminatory basis.

**Return to Work**

With limited exceptions for certain “key employees,” as defined by law, employees who timely return from FMLA leave, upon or prior to exhaustion of such leave, will be returned to their original or equivalent position, with equivalent pay, benefits and other employment terms. You may be required to provide a fitness-for-duty medical certification prior to returning to work if leave was taken for your own serious health condition. Such certification may also be required by the Employer whenever there is a question about fitness for duty. The Employer may require a second medical opinion, by a physician of its choice and at its own expense. Given conflicting opinions, the Employer may require and pay for a third medical opinion from a jointly selected physician. A voluntary election not to return to work will result in termination of health coverage and an obligation to repay any health premiums paid by the Employer on your behalf during any period of unpaid leave. Repayment may not be required if the failure to return is due to a continuation, recurrence or onset of a serious health condition or other circumstances beyond the employee’s control. As with any leave, a failure to return upon expiration of an FMLA leave may be treated as a voluntary resignation.

**CLAIMS PROCEDURES**

The booklets and other materials that describe a particular benefit under the Plan generally will contain a specific set of claims and appeals procedures that you must follow to make a claim to receive that particular benefit and/or to appeal a denied claim for that particular benefit. Although these separate claims and appeals procedures will be very similar in most respects, there may be important differences. As such, you should follow the specific claims and appeals procedures for a particular benefit very carefully. **If the booklets and other materials that describe a particular benefit do not contain a specific set of claims and appeals procedures, the Plan’s default procedures as described below will apply.** If you have any questions about which set of claims and appeals procedures to follow or any other questions about making a claim, you should contact the Human Resources Department immediately.

Additionally, the Plan’s healthcare benefits provide solely for the payment of certain healthcare expenses. All decisions regarding healthcare will be solely the responsibility of each covered individual in consultation with the personal healthcare provider selected by the individual. The plan and any applicable insurance contracts contain rules for determining the percentage of allowable healthcare expenses that...
will be reimbursed and whether particular treatments or healthcare expenses are eligible for reimbursement. Any decision with respect to the level of healthcare reimbursement or the coverage of a particular healthcare expense may be disputed by the covered individual in accordance with the Plan’s claims procedure.

Covered individual may use any source of care for health treatment and health coverage. However, the Plan and/or the Employer will NOT have any obligation for the cost or legal liability for the outcome of such care or as a result of a decision by a covered individual not to seek or obtain such care, other than the liability under the Plan for the payment of benefits as described by either the insurance carrier or the claims administrator.

**Summary Table for Claims Procedures**

<table>
<thead>
<tr>
<th>Applicable Time Period Limit for:</th>
<th>Group Health-Urgent Care</th>
<th>Group Health-Non-urgent Pre-Service</th>
<th>Group Health-Non-urgent Post-Service</th>
<th>Long-Term Disability</th>
<th>Life and AD&amp;D</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Plan to notify you if it will pay the initial benefit claim request</td>
<td>72 hours</td>
<td>15 days</td>
<td>30 days</td>
<td>45 days</td>
<td>90 days</td>
</tr>
<tr>
<td>The Plan to extend their decision period (the initial claim period)</td>
<td>None</td>
<td>15 days</td>
<td>15 days</td>
<td>30 days (a second 30 day extension is allowed)</td>
<td>90 days</td>
</tr>
<tr>
<td>The Plan to notify you that the claim was not completed correctly or needs more information</td>
<td>24 hours</td>
<td>5 days</td>
<td>30 days</td>
<td>45 days</td>
<td>See carrier booklet/certificate</td>
</tr>
<tr>
<td>For you to provide the missing information</td>
<td>48 hours minimum</td>
<td>45 days</td>
<td>45 days</td>
<td>45 days</td>
<td>See carrier booklet/certificate</td>
</tr>
<tr>
<td>For you to appeal the Plan decision</td>
<td>180 days</td>
<td>180 days</td>
<td>180 days</td>
<td>180 days</td>
<td>60 days</td>
</tr>
<tr>
<td>For the Plan to respond to your appeal</td>
<td>72 hours</td>
<td>30 days (15 days if the plan has two appeals)</td>
<td>60 days (30 days if the plan has two appeals)</td>
<td>45 days</td>
<td>60 days</td>
</tr>
<tr>
<td>For the Plan to extend the appeal process</td>
<td>None</td>
<td>None</td>
<td>None</td>
<td>45 days</td>
<td>60 days</td>
</tr>
</tbody>
</table>

For purposes of this section that describes the Plan’s default claims and appeals procedures, the Plan Administrator (or any third party to whom the Plan Administrator has delegated the authority to review and evaluate claims, such as an insurance company) will be referred to as the “Claims Administrator” at the initial claim level and the “Appeals Administrator” at the appeal level. Refer to Schedule B for details.

A request for benefits is a “claim” subject to these procedures only if you or your authorized representative file it in accordance with the Plan’s claim filing guidelines. In general, claims must be filed in writing (except urgent care claims, which may be made orally) with the applicable provider identified in Schedule B. Any claim that does not relate to a specific benefit under the Plan (for example, a general
eligibility claim) must be filed with the Plan Administrator at the address indicated in the ERISA information found in the document. A request for prior approval of a benefit or service where prior approval is not required under the Plan is not a “claim” under these rules. Similarly, a casual inquiry about benefits or the circumstances under which benefits might be paid under the Plan is not a “claim” under these rules, unless it is determined that your inquiry is an attempt to file a claim. If a claim is received, but there is not enough information to allow the Claims Administrator to process the claim, you will be given an opportunity to provide the missing information.

If you want to bring a claim for benefits under the Plan, you may designate an authorized representative to act on your behalf so long as you provide written notice of such designation to the Claims Administrator and/or the Appeals Administrator identifying such authorized representative. In the case of a claim for medical benefits involving urgent care, a healthcare professional who has knowledge of your medical condition may act as your authorized representative with or without prior notice.

Claims Not Involving Health Benefits – In the case of a claim not involving health benefits (e.g., life, AD&D, Long-Term Disability (LTD), Short-Term Disability (STD) and Dependent Care Spending Account), initial claims for benefits under the Plan will be made by you in writing to the Claims Administrator.

- **Time Periods for Responding to Initial Claims (non-disability)** – If you bring a claim for benefits under the Plan, the Claims Administrator will respond to you in accordance within the later of the following schedule:
  - 90 days after receipt of the claim; or
  - if the Claims Administrator determines that an extension is necessary due to matters beyond the control of the Plan, the Claims Administrator will notify you within the initial 90-day period that the Claims Administrator needs up to an additional 90 days to review your claim.

- **Time Periods for Responding to Initial Claims (disability)** – If you bring a claim for benefits under the Plan, the Claims Administrator will respond to you in accordance within the later of the following schedule:
  - 45 days after receipt of the claim; or
  - if the Claims Administrator will notify you within the initial 45-day period that the Claims Administrator needs up to an additional 30 days to review your claim. If the Claims Administrator determines that additional time is necessary to review your claim, the Claims Administrator may notify you of an additional 30-day extension.

- **Notice and Information Contained in Notice Denying Initial Claim** – If the Claims Administrator denies your claim (in whole or in part), the Claims Administrator will provide you with written notice of the denial. This notice will include the following (please note that the description for the italicized phrases will apply whenever the phrase is used in this section on Claims Procedures):
  - Reason for the Denial – the specific reason or reasons for the denial;
  - Reference to Plan Provisions – reference to the specific Plan provisions on which the denial is based;
  - Description of Additional Material – a description of any additional material or information necessary to complete the claim and why such information is necessary and a statement that you are entitled to receive, upon request and free of charge, access to and copies of, all documents, records and other information that is relevant to your claim and/or appeal;
- **Description of Any Internal Rules** – a copy of any internal rule, guideline, protocol, or other similar criterion relied upon in making the initial determination or a statement that such a rule, guideline, protocol, or other criterion was relied upon in making the appeal determination and that a copy of such rule will be provided to you free of charge at your request; and

- **Description of Claims Appeals Procedures** – a description of the Plan’s appeals procedures and the time limits applicable for such procedures (such description will include a statement that you are eligible to bring a civil action in federal court under Section 502 of ERISA to appeal any adverse decision on appeal and a description of any expedited review process for urgent care claims).

**• Appealing a Denied Claim for Benefits** – If the Claims Administrator denies your initial claim for benefits, you may appeal the denial by filing a written request with the Appeals Administrator within 60 days (180 days in the case of a claim involving disability benefits) after you receive the notice denying your initial claim for benefits. If you decide to appeal a denied claim for benefits, you will be able to submit written comments, documents, records, and other information relating to your claim for benefits (regardless of whether such information was considered in your initial claim for benefits) to the Appeals Administrator for review and consideration. You will also be entitled to receive, upon request and free of charge, access to and copies of, all documents, records and other information that is relevant to your appeal.

**• Time Periods for Responding to Appealed Claims** – If you bring a claim for benefits under the Plan, you will receive a response within 60 days (45 days in the case of a claim involving disability benefits) after receipt of the claim. If it is determined that an extension is necessary due to matters beyond the control of the Plan, you will be notified within the initial 60-day period that up to an additional 60 days (45 days in the case of a claim involving disability benefits) is needed to review your claim.

**• Notice and Information Contained in Notice Denying Appeal** – If the claim is denied (in whole or in part), you will be given written notice of the denial. This notice will include the following:
  - **Reason for the Denial**;
  - **Reference to Plan Provisions**;
  - **Description of Additional Material**;
  - **Description of Any Internal Rules**; and
  - **Description of Claims Appeals Procedures**.

The appealed decision of the Plan will be final and conclusive on all persons claiming benefits under the Plan, subject to applicable law. If you challenge this decision, a review by a court of law may be limited to the facts, evidence and issues presented during the claims procedure set forth above. The appeal process described here must be exhausted before you can pursue the claim in federal court. Facts and evidence that become known to you after having exhausted the appeals procedure may be submitted for reconsideration of the appeal in accordance with the time limits established above. Issues not raised during the appeal will be deemed waived.

**Claims Involving Health Benefits** – In the case of a claim involving health benefits (e.g., medical, dental, vision, EAP and Healthcare Spending Account), unless a claim is made for urgent care, initial claims for benefits under the Plan will be made by you in writing to the Claims Administrator. Urgent care claims can be made orally.
• **Types of Claims** – There are several different types of claims that you may bring under the Plan. The Plan’s procedures for evaluating claims (for example, the time limits for responding to claims and appeals) depend upon the particular type of claim. The types of claims that you generally may bring under the Plan are as follows:
  - **Pre-Service Claim** – A “pre-service claim” is a claim for a particular benefit under the Plan that is conditioned upon you receiving prior approval in advance of receiving the benefit. A pre-service claim must contain, at a minimum, the name of the individual for whom benefits are being claimed, a specific medical condition or symptom, and a specific treatment, service or product for which approval is being requested.
  - **Post-Service Claim** – A “post-service claim” is a claim for payment for a particular benefit or for a particular service after the benefit or service has been provided. A post-service claim must contain the information requested on a claim form provided by the applicable provider.
  - **Urgent Care Claim** – An “urgent care claim” is a claim for benefits or services involving a sudden and urgent need for such benefits or services. A claim will be considered to involve urgent care if the Claims Administrator or a physician with knowledge of your condition determines that the application of the claims review procedures for non-urgent claims (i) could seriously jeopardize your life or your health, or your ability to regain maximum function, or (ii) in your physician’s opinion, would subject you to severe pain that cannot adequately be managed without the care or treatment that is the subject of the claim.
  - **Concurrent Care Review Claim** – A “concurrent care review claim” is a claim relating to the continuation/reduction of an ongoing course of treatment.

• **Time Periods for Responding to Initial Claims** – If you bring a claim for benefits under the Plan, the Claims Administrator will respond to your claim within the later of the following time periods:
  - **Pre-Service Claim** –
    - within 15 days after receipt of the claim; or
    - if the Claims Administrator determines that an extension is necessary due to matters beyond the control of the Plan, the Claims Administrator will notify you within the initial 15-day period that up to an additional 15 days to review your claim is needed; or
    - if the extension is necessary because you did not provide the information necessary to evaluate your claim, the notice of extension will describe the information that you need to provide to your Claims Administrator. You will have no less than 45 days from the date you receive the notice to provide the requested information.
  - **Post-Service Claim** –
    - Within 30 days after receipt of the claim; or
    - If the Claims Administrator determines that an extension is necessary due to matters beyond the control of the Plan, the Claims Administrator will notify you within the initial 30-day period you will be notified that up to an additional 15 days is needed; or
    - If such an extension is necessary because you failed to provide the information necessary to evaluate your claim, the notice of extension will describe the information that you need to provide to the Claims Administrator. You will have no less than 45 days from the date you receive the notice to provide the requested information.
  - **Urgent Care Claim** –
    - Within 72 hours after receipt of the claim; or
If the Claims Administrator determines that it needs additional information to review your claim, the Claims Administrator will notify you within 24 hours after receipt of the claim and provide you with a description of the additional information that it needs to evaluate your claim. You will have no less than 48 hours from the time you receive this notice to provide the requested information;

Once you provide the requested information, the Claims Administrator will evaluate your claim within 48 hours after the earlier of the Claims Administrator’s receipt of the requested information, or the end of the extension period given to you to provide the requested information;

There is a special time period for responding to a request to extend an ongoing course of treatment if the request is an urgent care claim. For these types of claims, the Claims Administrator must respond to you within 24 hours after receipt of the claim by the Plan (provided, that you make the claim at least 24 hours prior to the expiration of the ongoing course of treatment).

- **Concurrent Care Review Claim** –
  - If the Plan has already approved an ongoing course of treatment for you and contemplates reducing or terminating the treatment, the Claims Administrator will notify you sufficiently in advance of the reduction or termination of treatment to allow you to appeal the Claims Administrator’s decision and obtain a determination on review before the treatment is reduced or terminated.

**Notice and Information Contained in Notice Denying Initial Claim** – If the Claims Administrator denies your claim (in whole or in part), you will be given written notice of the denial (although initial notice of a denied urgent care claim may be provided to you orally). This notice will include the following:

  - **Reason for the Denial**;
  - **Reference to Plan Provisions**;
  - **Description of Additional Material**;
  - **Description of Any Internal Rules**;
  - **Description of Claims Appeals Procedures**; and
  - **Explanation of Scientific or Clinical Basis** – If the dental is based on a medical necessity or experimental treatment of similar exclusion or limit, either an explanation of the scientific or clinical judgment for the determination, or a statement that such explanation will be provided free of charge upon request.

**Appealing a Denied Claim for Benefits** – If the Claims Administrator denies your initial claim for benefits, you may appeal the denial by filing a written request (or an oral request in the case of an urgent care claim) with the Appeals Administrator within 180 days after you receive the notice denying your initial claim for benefits. If you decide to appeal a denied claim for benefits, you will be able to submit written comments, documents, records, and other information relating to your claim for benefits (regardless of whether such information was considered in your initial claim for benefits) for review and consideration. You will also be entitled to receive, upon request and free of charge, access to and copies of, all documents, records, and other information that is relevant to your appeal.

**Time Periods for Responding to Appealed Claims** – If you appeal a denied claim for benefits, you will receive a response to your claim within the following time periods:
- **Pre-Service Claim** – In the case of an appeal of a denied pre-service claim, the Appeals Administrator will respond to you within 30 days after receipt of the appeal.
- **Post-Service Claim** – In the case of an appeal of a denied post-service claim, the Appeals Administrator will respond to you within 60 days after receipt of the appeal.
- **Urgent Care Claim** – In the case of an appeal of a denied urgent care claim, the Appeals Administrator will respond to you within 72 hours after receipt of the appeal.
- **Concurrent Care Review Claim** – In the case of an appeal of a denied concurrent care review claim, the Appeals Administrator will respond to you before the concurrent or ongoing treatment in question is reduced or terminated.

**Notice and Information Contained in Notice Denying Appeal** – If your claim is denied (in whole or in part), you will be given written notice of the denial (although initial notice of a denied urgent care claim may be provided to you orally or via facsimile or other similarly expeditious means of communication). This notice will include the following:

- **Reason for the Denial**;
- **Reference to Plan Provisions**;
- **Description of Additional Material**;
- **Description of Any Internal Rules**;
- **Description of Claims Appeals Procedures**; and
- **Explanation of Scientific or Clinical Basis**.

The appealed decision will be final and conclusive on all persons claiming benefits under the Plan, subject to applicable law. If you challenge this decision, a review by a court of law maybe limited to the facts, evidence and issues presented during the claims procedure set forth above. The appeal process described herein must be exhausted before you can pursue the claim in federal court. Facts and evidence that become known to you after having exhausted the appeals procedure may be submitted for reconsideration of the appeal in accordance with the time limits established above. Issues not raised during the appeal will be deemed waived.

**OVERPAYMENT**

In the event you or any other person or organization receives a benefit payment that exceeds the amount of benefits payable under the Plan, the Plan has the right to require that you, or the person or organization who received the overpayment, return the overpayment or to reduce any future benefit payment made to you (or on your behalf) or your dependents by the amount of the overpayment. For example, you must reimburse the Plan for any improperly paid claims and all payments made on behalf of ineligible dependents. This right does not affect any other right of recovery with respect to such overpayment.

**SUBROGATION**

This provision applies whenever someone else (including your own insurer under an automobile or other policy) is legally responsible or agrees to compensate you for an illness or injury suffered by you or your dependent(s) that is covered by this Plan. If you file a claim under this Plan for benefits arising out of or related to an illness or injury due to the act of a third party, the Plan will be subrogated to any legal claim you may have against the third party. “Subrogation” means the Plan has the right to act in your place to make a lawful claim or demand against the third party.

If you receive any recovery from the third party, you must reimburse the Plan before all others for any benefits it paid relating to that illness or injury, up to the full amount of the recovery received from the other party (regardless of how that recovery may be characterized). The reimbursement required under this provision will not be reduced to reflect any costs or attorney’s fees incurred in obtaining
compensation unless separately agreed to, in writing, by the Plan Administrator in the exercise of its sole discretion. Any so called “make-whole doctrine,” “common fund doctrine,” or “attorney’s fee doctrine” will not defeat the Plan’s right to full recovery. The Plan may also seek restitution in equity, for example, through a constructive trust or equitable lien upon particular funds for property.

The Plan reserves the right to have you sign a statement that acknowledges your obligation to reimburse the Plan under this provision for any benefits it paid relating to such illness or injury. That obligation will arise upon the payment of any Plan benefits relating to the illness or injury, whether or not you sign such a statement.

**BENEFIT TERMINATION**

Your benefits will terminate in accordance with the schedule below. In addition to this schedule, your benefits will terminate on the occurrence of the earliest of the following events:

- The termination of the Plan or the amendment of the Plan to eliminate one or more benefits previously provided under the Plan;
- Your inability to meet the continuing eligibility requirements to participate in the Plan as set forth in this summary or the insurance carriers’ booklets or other materials;
- Your revocation of your election to participate in the Plan and receive benefits under the Plan; or
- Your failure to make any contributions required to receive benefits under the Plan. (Note: In order to continue any contributory benefit during any type of leave, you will be required to continue your contributions. If you are no longer receiving a paycheck, you must remit contributions to the Plan by personal check on an after-tax basis.)

<table>
<thead>
<tr>
<th>Event</th>
<th>Medical, EAP, Dental, Vision, Healthcare Spending Account</th>
<th>Life, AD&amp;D, Vol. Life, and Business Travel Accident</th>
<th>Short- and Long-Term Disability and Dependent Care Spending Account (DCSA)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
</tr>
<tr>
<td>You are voluntarily or involuntarily terminated from employment</td>
<td>End of the month following termination date, unless COBRA is elected</td>
<td>Except for BTA, benefits end at the end of the month following termination, unless life benefit is converted. For BTA, it is the date of termination.</td>
<td>Date of termination</td>
</tr>
<tr>
<td>You retire</td>
<td>End of the month following termination date, unless COBRA is elected or you are eligible for retiree medical coverage.</td>
<td>Except for BTA, benefits end at the end of the month following termination unless life benefit is converted or you are eligible for retiree life coverage. For BTA – Date of termination.</td>
<td>Date of termination</td>
</tr>
<tr>
<td>Event</td>
<td>Medical, EAP, Dental, Vision, Healthcare Spending Account</td>
<td>Life, AD&amp;D, Vol. Life, and BTA</td>
<td>Short- and Long-Term Disability and Dependent Care Spending Account</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>----------------------------------------------------------</td>
<td>-------------------------------</td>
<td>---------------------------------------------------------------</td>
</tr>
<tr>
<td>You take an approved leave for your own disability (leave will run concurrently with Family and Medical Leave Act) – This also applies to disability under Workers’ Compensation</td>
<td>Coverage Terminates at the/on the</td>
<td>Coverage Terminates at the/on the</td>
<td>Benefits continue for as long as you are disabled as defined by the insurance carrier</td>
</tr>
<tr>
<td>You take an approved leave under Family and Medical Leave Act for non-employee disability reasons</td>
<td>End of the month following the earlier of your failure to return to work on the date your approved leave or you are no longer disabled as defined by the LTD carrier, unless COBRA is elected. Coverage after termination will run concurrently with any required COBRA coverage.</td>
<td>End of the month following the earlier of your failure to return to work on the date your approved leave expires or six months after leave began, unless you convert your life benefit or you are eligible for waiver of premium.</td>
<td>The earlier of the date your leave expires or you inform the Employer that you will not be returning to work</td>
</tr>
<tr>
<td>You take an approved personal leave (Leave of Absence (LOA))</td>
<td>End of the month following six months (4 months if less than 1 year of service) from the date leave began, unless COBRA is elected</td>
<td>End of the month following twelve months from the date leave began, unless you elect to convert your life benefit</td>
<td>End of a maximum period</td>
</tr>
<tr>
<td>Your Death – Active Employees</td>
<td>Date of death unless your dependents elect COBRA</td>
<td>On the date of your death, unless your dependents elect to convert their life benefits</td>
<td>On the date of your death</td>
</tr>
<tr>
<td>Your Death – Retired Employees</td>
<td>Date of death unless your dependents elect COBRA.</td>
<td>Date of Death</td>
<td>N/A</td>
</tr>
<tr>
<td>You take Military Leave</td>
<td>Benefits continue for 31 days, and thereafter, benefits continue in accordance with USERRA (Uniform Services Employment and Reemployment Act)</td>
<td>Benefits continue for 31 days, and thereafter, benefits continue in accordance with USERRA (Uniform Services Employment and Reemployment Act), unless you elect to convert your life benefit</td>
<td>Date military leave begins</td>
</tr>
<tr>
<td>Your child is no longer a dependent under the Plan</td>
<td>Coverage will end at the end of the month following the date that your child is no longer a dependent, unless your child elects COBRA.</td>
<td>Dependent Life - End of the month following the date your child is no longer a dependent unless the life benefit is converted</td>
<td>N/A</td>
</tr>
</tbody>
</table>
### COBRA

**Continuation of Coverage Under COBRA**

Under the Consolidated Omnibus Budget Reconciliation Act ("COBRA"), you and your eligible dependent(s) may be eligible to continue health coverage if you or your eligible dependent(s) coverage ends because of certain “qualifying events.” The following information outlines the continuation of coverage available under COBRA.

COBRA requires most employers who sponsor group healthcare plans to provide a temporary extension of coverage to employees and their dependents when, due to certain circumstances, coverage would otherwise terminate under the employer’s plan. Under COBRA, you (or your dependents) will generally be permitted to continue the same coverage that you (or your dependents) had prior to the event that would otherwise cause the loss of coverage. This temporary extension of benefits is commonly called “continuation coverage.” Here is a summary of who is eligible for continuation coverage under COBRA, when, and for how long:

<table>
<thead>
<tr>
<th>Event</th>
<th>Medical, EAP, Dental, Vision, Healthcare Spending Account</th>
<th>Life, AD&amp;D, Vol. Life, and BTA</th>
<th>Short- and Long-Term Disability and Dependent Care Spending Account</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
<td><strong>Coverage Terminates at the/on the</strong></td>
</tr>
<tr>
<td>You are divorced or legally separated – Active Employees</td>
<td>Coverage will end at the end of the month following the date of the divorce or legal separation, unless your spouse elects COBRA.</td>
<td>Spousal Life - End of the month following the date of the divorce or legal separation unless the life benefit is converted</td>
<td>N/A</td>
</tr>
<tr>
<td>You are divorced or legally separated – Retired Employees</td>
<td>Coverage will end at the end of the month following the date of the divorce or legal separation, unless your spouse elects COBRA.</td>
<td>Spousal Life - End of the month following the date of the divorce or legal separation unless the life benefit is converted</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### These individuals

<table>
<thead>
<tr>
<th>May continue coverage if it is lost due to…</th>
<th>For up to…</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Employee</strong></td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• reduction in hours of employment</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• termination of employee’s employment for any reason other than gross misconduct</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• failure to return from a leave of absence under the Family and Medical Leave Act of 1993</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td><strong>Covered spouse of an employee</strong></td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• reduction in employee’s hours of employment</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• termination of employee’s employment for any reason other than gross misconduct</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• employee’s failure to return from a leave of absence under the Family and Medical Leave Act of 1993</td>
<td>18 months&lt;sup&gt;(1)&lt;/sup&gt;</td>
</tr>
<tr>
<td>• death of employee</td>
<td>36 months</td>
</tr>
<tr>
<td>• divorce or legal separation</td>
<td>36 months</td>
</tr>
<tr>
<td>• employee becomes entitled to Medicare and elects Medicare as primary provider</td>
<td>36 months&lt;sup&gt;(2)(3)&lt;/sup&gt;</td>
</tr>
<tr>
<td>These individuals</td>
<td>May continue coverage if it is lost due to…</td>
</tr>
<tr>
<td>--------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Covered dependent children of an employee</td>
<td>• reduction in employee’s hours of employment&lt;br&gt;• termination of employee’s employment for any reason other than gross misconduct&lt;br&gt;• employee’s failure to return from a leave of absence under the Family and Medical Leave Act of 1993&lt;br&gt;• death of employee&lt;br&gt;• employee’s divorce or legal separation&lt;br&gt;• employee becomes entitled to Medicare and elects Medicare as primary provider&lt;br&gt;• loss of dependent status under existing medical coverage</td>
</tr>
</tbody>
</table>

(1) The 18-month continuation coverage period may be extended to 29 months for all covered persons if any covered person eligible for continuation coverage is disabled under the Social Security laws at any time no later than the first 60 days of continuation coverage. To qualify for this extension, the Company must be notified within 60 days of the determination that a covered person is disabled under the Social Security laws and within the initial 18-month continuation period. A disabled employee is considered to have terminated employment on the date his or her salary continuation benefits from the Company end, if the employee does not return to work.

(2) The entitlement to Medicare is ONLY a COBRA event if the entitlement does or would have caused the loss of health coverage for active employees.

(3) If an employee becomes entitled to Medicare while actively-at-work and then terminates employment, dependents will be eligible to receive the COBRA for the greater of the 18-month period beginning on the date of termination or the 36-month period beginning on the date the employee became entitled to Medicare.

The 18, 29, or 36 months of continuation coverage begins on the later of the date of the event that causes loss of coverage or the date coverage is actually lost.

Individuals who are eligible for COBRA coverage are called “qualified beneficiaries.” The events that entitle them to coverage are called “qualifying events.” Generally, to be a qualified beneficiary, you must have health coverage under the Plan on the day before a qualifying event occurs; however, a child born to, adopted by, or placed for adoption with the covered employee during the continuation coverage period is also a “qualified beneficiary.”

**Loss of Coverage** – When a qualifying event occurs, you and the Employer have certain responsibilities. If the qualifying event is divorce or a legal separation, or loss of dependent status, you or your eligible dependent must notify the Human Resources Department in writing within 60 days of the qualifying event. The Employer will know if the event is death, termination of employment, reduction in hours, failure to return from a leave of absence under the Family and Medical Leave Act of 1993, entitlement to Medicare benefits,<sup>1</sup> or the commencement of a bankruptcy proceeding.

When the Human Resources Department is notified or learns of a qualifying event, the Human Resources Department will send you or your eligible dependent(s) a written explanation of the right to elect continuation coverage.

<sup>1</sup> The entitlement to Medicare is ONLY a COBRA event if the entitlement does or would have caused the loss of health coverage.
You then have 60 days from the later of the date of this explanation or the date on which your existing coverage would end to notify the Human Resources Department of your election. If you or an eligible dependent do not respond in writing within the time limit, the right to elect to continue coverage under COBRA will be lost.

**COBRA Election** – Each member of a family who is eligible to elect continuation coverage may make a separate election to continue coverage, or one eligible dependent may make an election that covers some or all of the others. If you elect to continue coverage:

- You must pay a total premium equal to the group rate plus a 2% administration charge monthly (or such higher charge as may be permitted by law). The total premium includes the Employer’s contribution and any contribution an active participant is required to make under the Plan.

- The first payment must be made within 45 days following the date of your election and must cover the number of full months from the date coverage ended to the time of your election. Premiums for months after your election will regularly be due on the first day of the month (the “due date”) and must be paid within 31 days (the “grace period”) of the date due. Premium rates may change periodically for all qualified beneficiaries.

Your coverage will continue for as long as you make payment before the end of the grace period. However, if you pay after the due date but during the grace period, your coverage under the Plan will be suspended as of the due date and then retroactively reinstated (going back to the due date) once payment is made. This means that any claim that you submit for benefits before payment is made will be denied until payment is made. If you fail to make payment by the end of the grace period, you will lose all rights to continuation of coverage under the Plan.

- The Trade Act of 2002 created a new tax credit for certain individuals who become eligible for trade adjustment assistance (eligible individuals). Under the new tax provisions, eligible individuals can either take a tax credit or get advance payment of 65% of premiums paid for qualified health insurance, including continuation coverage. If you have any questions about these new tax provisions, you may call the Healthcare Tax Credit Customer Contact Center toll-free at 1-866-628-4282. TTD/TTY callers may call toll-free at 1-866-626-4282. More information about the Trade Act is also available at www.doleta.gov/tradeact/.

The coverage provided will be identical to the coverage provided similarly-situated employees or dependents. Should benefit levels increase or decrease, both active and COBRA participants will experience the same change.

In considering whether to elect continuation coverage, you should take into account that a failure to continue your group health coverage will affect your future rights under federal law as follows:

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2 If you or your covered dependent is eligible for the additional 11 months of coverage because of disability, the premium for the additional 11 months is increased to 150% of the group rate. This increased premium may also apply through the 36th month if a second qualifying event later extends the continuation period to 36 months.
• First, you can lose the right to avoid having pre-existing condition exclusions applied to you by other group health plans if you have more than a 63-day gap in health coverage, and election of continuation coverage may help you not have such a gap.

• Second, you will lose the guaranteed right to purchase an individual health policy that does not impose such pre-existing condition exclusions if you do not get continuation coverage for the maximum time available to you.

• Finally, you should take into account that you have special enrollment rights under federal law. You have the right to request special enrollment in another group health plan for which you are otherwise eligible (such as a plan sponsored by your spouse’s employer) within 30 days after your group health coverage ends because of a qualifying event listed above. You will also have the same special enrollment rights at the end of continuation coverage if you elect continuation coverage for the maximum time period available to you.

Benefits for Eligible Dependents – Unless otherwise specified in the election, any election of continuation coverage made by you or your spouse or former spouse will be considered to be an election of continuation coverage for any eligible dependent who would also lose coverage by reason of the qualifying event. If you elect continuation coverage that also covers your eligible dependents, these dependents may not make an independent selection of benefits until the next open enrollment period. At that time, they may change their coverage if they wish.

However, if you decide not to continue your coverage at all, each eligible dependent may make an independent benefit selection.

Changes to Continuation Coverage – Qualified beneficiaries have the same opportunities to change coverage as active employees during the annual open enrollment period. During open enrollment, you may elect different coverage or add or delete dependents, in the same manner as an active employee.

When COBRA Benefits End – Generally, continuation coverage runs for 18, 29, or 36 months, depending on the qualifying event, as described in the chart above. However, COBRA benefits will end immediately if:

• The required COBRA premium is not paid in a timely manner;

• The person whose coverage is being continued becomes covered under another employer’s group health plan, unless the group health plan contains an exclusion or limitation with respect to a pre-existing condition of the person (other than an exclusion or limitation which does not apply to, or is satisfied by, the person under applicable provisions of federal law);

• The person whose coverage is being continued becomes entitled to Medicare benefits\(^3\) (this does not apply if you are a retired employee or family member entitled to purchase continuation coverage due to commencement of a bankruptcy proceeding by the employer);

• In the case of the person whose coverage is being continued under the special extended coverage period for disabled individuals, it is determined that the person is no longer disabled under the Social Security laws\(^4\), or

\(^3\) The entitlement to Medicare is ONLY a COBRA event if the entitlement does or would have caused the loss of health coverage for active employees.
• The Employer no longer maintains a group health plan covering any employee.

Two Qualifying Events – An 18-month or 29-month period of continuation coverage may be extended if another qualifying event (other than a bankruptcy proceeding) occurs during that time. However, no one may extend coverage for more than 36 months. The 36-month period is counted from the first event. For example, if your employment ends and you get divorced during the 18-month continuation period for which you have elected continuation coverage for you and your dependents, your dependents may extend coverage for up to 36 months from the date your employment ended. Please note, if the former Employee becomes entitled to Medicare, the remaining qualified beneficiaries may continue COBRA for the remainder of the 18-month period.

Other available continuation coverage – Additionally, under the Plan, you may have the right to elect alternative retiree health coverage for a instead of electing COBRA. If you elect this alternative coverage, you may lose all rights to continuation coverage under COBRA at the end of your retiree health coverage. You will be informed of any retiree coverage available to you when you retire.

PLAN ADMINISTRATOR

Every ERISA plan has a “Named Fiduciary” as defined in ERISA, who controls and manages the plan’s operation and administration. The Plan’s “Named Fiduciary” is Colgate University.

Every ERISA Plan has a “Plan Administrator” as defined in ERISA. The Plan Administrator is Colgate University. The name, business address, and telephone number are all included below with the rest of the ERISA information.

In general, the Plan Administrator is the one and only judge of the application and interpretation of the Plan, and has the unrestricted authority to interpret the provisions of the Plan, to resolve disputed issues of fact, and to make determinations regarding eligibility for benefits. However, the Plan Administrator has the authority to hand over or delegate certain of its powers and duties to a third party. The Plan Administrator has given over certain administrative functions under the Plan to various service providers as listed on the attached Schedule B. As the Plan Administrator’s delegate, these service providers have the authority to make decisions under the Plan relating to benefit claims, including determinations as to the medical necessity of any service or supply.

The decisions of the Plan Administrator (or its delegate) in all matters relating to the Plan (including but not limited to, eligibility for benefits, Plan interpretations, and disputed issues of fact) will be final and binding on all parties and generally will not be overturned by a court of law.

AMENDMENT OR TERMINATION OF THE PLAN

Plan Amendment – The Employer will have the right to amend this Plan at any time, including the right to add or delete one or more benefits and provide additional benefits, coverages or options under this Plan.

Successor Employer – In the event of a consolidation or reorganization of the Employer, provision may be made by which this Plan will be continued by the successor to the Employer. In that event, such

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4 A qualified beneficiary is responsible for notifying the Employer within 30 days of the date of a final determination that he or she is no longer disabled under the Social Security laws.

5 See footnote 3 herein above
successor will be substituted for the Employer under this Plan if the Employer consents. The substitution of the successor will constitute an assumption of this Plan’s liabilities by the successor and the successor will have all of the powers, duties and responsibilities of the Employer to which it succeeds under this Plan.

**Merger or Consolidation** – In the event of any merger or consolidation of this Plan with any other cafeteria plan maintained or to be established for the benefit of all or some of the Participants of this Plan, the merger or consolidation will occur only if:

- Resolutions of the Employer’s Board of Trustees, and the governing body of any new or successor employer of the affected Participants, authorize such merger or consolidation; and
- Such other cafeteria plan satisfies the requirements of Section 125 of the Code.

**Plan Termination** – The Employer intends to continue this Plan indefinitely, but the Employer in its sole discretion reserves the right to terminate the Plan at any time. Upon complete or partial termination of this Plan, the rights provided in this document with respect to a Participant or other individual affected by such complete or partial termination will be terminated.

However, in the event this Plan is completely or partially terminated, any expenses incurred by an affected Participant up to the date of complete or partial termination will be reimbursed in accordance with the terms of this Plan. Any elected contribution amounts deducted from an affected Participant’s compensation will be available to the Participant for any expenses incurred prior to the date of complete or partial termination until the last day of the Plan Year in which such complete or partial termination occurs. To the extent any such contributions remain after the last day of the Plan Year in which such complete or partial termination occurs, such amounts will be forfeited by the Participant in accordance with the “Use it or Lose it” provision under the Spending Account Section of this document and retained by the Employer.

**COMPLIANCE WITH THE EMPLOYEE RETIREMENT INCOME SECURITY ACT OF 1974 (ERISA)**

The following information is information about the Plan that is required to be provided to you under ERISA.

**Name and Identification Number of Plan**

Colgate University Health and Welfare Plan, Plan Number 513

**Participants**

The Plan provides benefits for all employees of Colgate University who meet the eligibility requirements described herein.

**Plan Sponsor**

Colgate University
13 Oak Drive
Hamilton, NY 13346-1398
(315) 228-7411
Plan Administrator

Colgate University
13 Oak Drive
Hamilton, NY 13346-1398
(315) 228-7411

The Employer administers the Plan through the Plan Administrator who is appointed by the Employer’s Board of Trustees. The Plan Administrator has overall responsibility for the Plan. From time to time, the Plan Administrator may delegate to one or more of its members the right to act on its behalf in any one or more matters connected with the administration of the Plan. The Plan Administrator is responsible for the operation and administration of the Plan, including matters relating to interpretation of Plan provisions, claims for benefits and appeals of denied claims, implementation of Plan administration procedures, and compliance with IRS rules and regulations. Benefits under this Plan will be paid only if the Plan Administrator (or its delegate) decides in its discretion that the applicant is entitled to them. In many instances, the Plan Administrator has delegated the authority to administer the Plan to the insurance carriers and claims administrators providing benefits and services under the Plan.

Employer Identification Number (EIN)

15-0532078

Type of Plan, Plan Definition, and Plan Funding

The Plan provides health and welfare benefits to eligible employees and is a “welfare plan” as that term is defined in ERISA. In some instances, these health and welfare benefits are self-insured” (that is, the benefits are provided directly to covered individuals from the general assets of the Employer or Participating Employers). In other instances, the benefits are provided by third-party insurers pursuant to insurance contracts between the insurer and the Employer or a Participating Employer. In addition to these benefits, the Plan also provides covered individuals with the opportunity to purchase benefits on a pre-tax basis through a Code Section 125 arrangement and the opportunity to contribute amounts to healthcare and dependent care spending accounts on a pre-tax basis through Code Sections 105 and 129. Both the Employer and covered employees contribute amounts toward the cost of benefits provided under the Plan.

Agent for Service of Legal Process

Colgate University
13 Oak Drive
Hamilton, NY 13346-1398
(315) 228-7411

Plan Year

January 1 – December 31
ERISA RIGHTS STATEMENT

As a participant in the Plan, you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA). ERISA provides that all plan participants shall be entitled to:

Receive Information About Your Plan and Benefits

- Examine, without charge, at the plan administrator’s office and at other specified locations, such as worksites and union halls, all documents governing the plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the plan with the U.S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration.

- Obtain, upon written request to the plan administrator, copies of documents governing the operation of the plan, including insurance contracts and collective bargaining agreements, and copies of the latest annual report (Form 5500 Series) and updated summary plan description. The administrator may make a reasonable charge for the copies.

- Receive a summary of the plan’s annual financial report. The plan administrator is required by law to furnish each participant with a copy of this summary annual report.

Continue Group Health Plan Coverage

- Continue healthcare coverage for yourself, spouse (the Employer also offers continuation coverage to domestic partners) or dependents if there is a loss of coverage under the plan as a result of a qualifying event. You or your dependents may have to pay for such coverage. Review this summary plan description and the documents governing the plan on the rules governing your COBRA continuation coverage rights.

- Reduction or elimination of exclusiory periods of coverage for pre-existing conditions under your group health plan, if you have creditable coverage from another plan. You should be provided a certificate of creditable coverage, free of charge, from your group health plan or health insurance issuer when you lose coverage under the plan, when you become entitled to elect COBRA continuation coverage, when your COBRA continuation coverage ceases, if you request it before losing coverage, or if you request it up to 24 months after losing coverage. Without evidence of creditable coverage, you may be subject to a pre-existing condition exclusion for 12 months (18 months for late enrollees) after your enrollment date in your coverage.

Prudent Actions by Plan Fiduciaries

In addition to creating rights for plan participants ERISA imposes duties upon people who are responsible for the operation of the employee benefit plan. The people who operate your plan, called “fiduciaries” of the plan, have a duty to do so prudently and in the interest of you and other plan participants and beneficiaries. No one, including your employer, your union, or any other person, may fire you or otherwise discriminate against you in any way to prevent you from obtaining a welfare benefit or exercising your rights under ERISA.
Enforce Your Rights

If your claim for a welfare benefit is denied or ignored in whole or in part you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of the plan documents or the latest annual report from the plan and do not receive them within 30 days, you may file suit in a Federal court. In such a case, the court may require the plan administrator to provide the materials and pay you up to $110 a day until you receive the materials, unless the materials were not sent because of reasons beyond the control of the administrator. If you have a claim for benefits which is denied or ignored, in whole or in part, you may file suit in a state or Federal court. In addition, if you disagree with the plan’s decision or lack thereof concerning the qualified status of a domestic relations order or a medical child support order, you may file suit in Federal court.

If it should happen that plan fiduciaries misuse the plan’s money, or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a Federal court. The court will decide who should pay court costs and legal fees. If you are successful the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds your claim is frivolous.

Assistance with Your Questions

If you have any questions about your plan, you should contact the plan administrator. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the plan administrator, you should contact the nearest office of the Employee Benefits Security Administration (EBSA), U.S. Department of Labor, listed in your telephone directory or the Division of Technical Assistance and Inquiries, EBSA, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington, D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the EBSA’s publications hotline.

For more information: For more information about your rights under ERISA, including COBRA, HIPAA, and other laws affecting group health plans, contact the U.S. Department of Labor’s EBSA in your area or visit the EBSA website at www.dol.gov/ebsa.
## SCHEDULE A
### SCHEDULE OF BENEFITS

<table>
<thead>
<tr>
<th>Non-Contributory Benefits</th>
<th>Tax Status of Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic Life</td>
<td>Premiums Paid for Benefit Amounts in excess of $50,000 Included in Taxable Income; Proceeds Not Usually Taxed</td>
</tr>
<tr>
<td>Accidental Death and Dismemberment</td>
<td>Benefits Not Taxed</td>
</tr>
<tr>
<td>Short-Term Disability</td>
<td>Benefits Taxed when Received</td>
</tr>
<tr>
<td>Long-Term Disability</td>
<td>Benefits Taxed when Received</td>
</tr>
<tr>
<td>Employee Assistance Plan</td>
<td>Benefits Not Taxed</td>
</tr>
<tr>
<td>Business Travel Accident</td>
<td>Benefits Not Taxed</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contributory Benefits</th>
<th>Employee Cost Per Pay</th>
<th>Tax Status of Contributions (4)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Active Employee - Medical Options (Including prescription drugs) (1)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>(2)</td>
<td>Pre-tax</td>
</tr>
<tr>
<td>Family</td>
<td>(2)</td>
<td>Pre-tax</td>
</tr>
<tr>
<td><strong>Active Employee - Dental Plan Options (1)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>(2)</td>
<td>Pre-tax</td>
</tr>
<tr>
<td>Family</td>
<td>(2)</td>
<td>Pre-tax</td>
</tr>
<tr>
<td><strong>Retiree Employee - Medical Options (Including prescription drugs) (1)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>(2)</td>
<td>Post-tax</td>
</tr>
<tr>
<td>Family</td>
<td>(2)</td>
<td>Post-tax</td>
</tr>
<tr>
<td><strong>Retiree Employee - Dental Plan Options (1)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single</td>
<td>(2)</td>
<td>Post-tax</td>
</tr>
<tr>
<td>Family</td>
<td>(2)</td>
<td>Post-tax</td>
</tr>
<tr>
<td><strong>Supplemental Life</strong></td>
<td>(3)</td>
<td>Post-tax Only</td>
</tr>
<tr>
<td><strong>Dependent Life</strong></td>
<td>(3)</td>
<td>Post-tax Only</td>
</tr>
<tr>
<td><strong>Dependent Care Spending Account</strong></td>
<td>See Schedule C</td>
<td>Pre-tax Only</td>
</tr>
<tr>
<td><strong>Healthcare Spending Account</strong></td>
<td>See Schedule C</td>
<td>Pre-tax Only</td>
</tr>
</tbody>
</table>

1. The exact insurance provider and Plan benefits offered will be communicated to participants during the annual enrollment period and to employees when they first become eligible for the Plan.
2. The exact amount of any required contributions will be communicated to participants during the annual enrollment period and to employees when they first become eligible for the Plan.
3. Cost amounts will be provided to participants during the annual enrollment period and to employees when they first become eligible for the Plan and are based on age.
4. Upon request, contributions may be paid on a post-tax basis.
## SCHEDULE B
**INSURANCE CARRIERS AND CLAIMS ADMINISTRATORS**

<table>
<thead>
<tr>
<th>Carrier/ Administrator</th>
<th>Function</th>
<th>Contract Number</th>
<th>Funding</th>
<th>Benefits Covered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excellus Blue Cross Blue Shield</td>
<td>Insurer</td>
<td>401146-001</td>
<td>Fully-Insured – Contributory</td>
<td>Medical – Active Employees and Retirees</td>
</tr>
<tr>
<td>Utica Business Park, Utica, NY 13502-6398</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Utica Business Park, Utica, NY 13502-6398</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delta Dental</td>
<td>Claim Administrator</td>
<td>NY2504</td>
<td>Self-Insured from Employer Assets – Contributory</td>
<td>Dental</td>
</tr>
<tr>
<td>One Delta Drive</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mechanicsburg, PA 17055</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Services Assoc.</td>
<td>Claim Administrator</td>
<td>N/A</td>
<td>Self-Insured from Employer Assets – Non-Contributory</td>
<td>Employee Assistance Plan</td>
</tr>
<tr>
<td>10 Eaton St., Suite 101 Hamilton, NY 13346</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reliance Standard Life Ins. Co.</td>
<td>Insurer</td>
<td>139972</td>
<td>Fully Insured – Non Contributory</td>
<td>Basic Life and AD&amp;D, Voluntary Life &amp; AD&amp;D, Dependent Life</td>
</tr>
<tr>
<td>500 N. Gulph Road - Suite 310 King of Prussia, PA 19406</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CIGNA Group Insurance</td>
<td>Insurer</td>
<td>NYK-600028</td>
<td>Fully Insured – Non-Contributory</td>
<td>Short-Term Disability – (Excluding Faculty and Administrators)</td>
</tr>
<tr>
<td>1777 Sentry Park West Gwynedd Hall, Suite 100 Blue Bell, PA 19422</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CIGNA Group Insurance</td>
<td>Insurer</td>
<td>NYK-960110</td>
<td>Fully Insured – Non-Contributory</td>
<td>Long-Term Disability</td>
</tr>
<tr>
<td>Same As Above</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FlexAmerica</td>
<td>Claim Administrator</td>
<td>N/A</td>
<td>Self-Insured from Employer Assets – Non-Contributory</td>
<td>Flexible Spending Account</td>
</tr>
<tr>
<td>6500 Rock Spring Drive, Suite 105 Bethesda, MD 20817</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

1) This schedule provides a description of coverage options and insurance carriers as of **January 1, 2007**. Available coverage options and insurance carriers may be changed at any time by the Employer.
### SCHEDULE C
#### SPENDING ACCOUNTS

<table>
<thead>
<tr>
<th>Employee Election</th>
<th>Annual Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthcare Spending Account</td>
<td>$5,000</td>
</tr>
<tr>
<td>Dependent Care Spending Account</td>
<td>$5,000^{(1)(2)}</td>
</tr>
</tbody>
</table>

1. This amount must be reduced by any amounts your spouse is also contributing to an employer dependent care spending account.

2. The maximum amount is reduced to the least of the following amounts:
   - The amount noted above, annualized it is $5,000;
   - 2,500 annually if you are married and filing separately;
   - Your monthly income;
   - Your spouse’s monthly income; or
   - If your spouse is a full-time student or unable to care for themselves, $250 per month for care of one dependent or $500 per month for the care of two or more dependents.
SCHEDULE D
PARTICIPATING EMPLOYERS (¹)

Colgate University

(¹) as of January 1, 2007
SCHEDULE E
NOTICE OF PRIVACY AND SECURITY PRACTICES
OF THE
COLGATE UNIVERSITY HEALTH AND WELFARE PLAN

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

THE PLAN’S COMMITMENT TO PRIVACY

The Colgate University Health and Welfare Plan (the “Plan”) is committed to protecting the privacy of your protected health information (“health information”). Health information is information that is created or maintained by the Plan that identified you and relates to a health condition, or to the provision or payment of health services for you. The Plan also pledges to provide you with certain rights related to your health information.

By this Notice of Plan’s Privacy and Security Practices (“Notice”), the Plan informs you that it has the following legal obligations under the federal health privacy provisions contained in the Health Insurance Portability and Accountability Act of 1996 (“HIPAA”) and the related regulations (“federal health privacy law” and “security rules”):

• To maintain the privacy of your health information;
• To provide you with this Notice of its legal duties and privacy and security practices with respect to your health information; and
• To abide by the terms of this Notice.

This Notice also informs you how the Plan uses and discloses your health information and explains the rights that you have with regard to your health information maintained by the Plan. For purposes of this Notice, “you” and “yours” refers to participants and dependents who are eligible for benefits described under the Plan.

INFORMATION SUBJECT TO THIS NOTICE

The Plan collects certain health information about you to help provide health benefits to you and your eligible dependents, as well as to fulfill legal requirements. The Plan collects this information, which identifies you, from applications and other forms that you complete, through conversations you may have with the Plan’s administrative staff and healthcare providers, and from reports and data provided to the Plan by healthcare service providers or other employee benefit plans. The health information the Plan has about you includes, among other things, your name, address, phone number, birth date, social security number, employment information, and medical and health claims information. This is the information that is subject to the privacy practices described in this Notice. Additionally, if this information is transmitted electronically, it is subject the Security Rules under HIPAA.
SUMMARY OF THE PLAN’S PRIVACY AND SECURITY PRACTICES

The Plan’s Uses and Disclosures of Your Health Information

The Plan uses your health information to determine your eligibility for benefits, to process and pay your health benefits claims, and to administer its operations. In some cases, your health information may only be disclosed with your written authorization, while in other instances, your authorization is not required. For example, the Plan may disclose your health information, without your authorization, to insurers, third party administrators, and healthcare providers for treatment, payment and healthcare operations purposes. The Plan also may disclose your health information, without your authorization, to third parties that assist the Plan in its operations, to government and law enforcement agencies, to your family members in limited instances, and to certain other persons. The details of the Plan’s uses and disclosures of your health information are described below.

Your Rights Related to Your Health Information

The federal health privacy law provides you with access to your health information and with certain rights related to your health information. Specifically, you have the right to:

- Inspect and/or copy your health information;
- Request to receive your health information through confidential communications;
- Request that your health information be amended;
- Request an accounting of certain disclosures of your health information;
- Request certain restrictions related to the use and disclosure of your health information;
- File a complaint with the Plan or the Secretary of the Department of Health and Human Services if you believe that your privacy rights have been violated; and
- Receive a paper copy of this Notice.

These rights and how you may exercise them are detailed below.

Changes in the Plan’s Privacy Policies

The Plan reserves its right to change its privacy and security practices and revise this Notice as described below.

Contact Information

If you have any questions or concerns about the Plan’s privacy practices, or about this Notice, or you wish to obtain additional information about the Plan’s privacy or security practices, please contact:

Human Resources Department
Colgate University
13 Oak Drive
Hamilton, NY 13346
315-228-7411
DETAILED NOTICE OF THE PLAN’S PRIVACY AND SECURITY PRACTICES

USES AND DISCLOSURES

Except as described in this section, as provided for by federal, state or local law, or as you have otherwise authorized, the Plan only uses and discloses your health information for the administration of the Plan and for processing claims.

Uses and Disclosures for Treatment, Payment, and Healthcare Operations

1. For Treatment. The Plan may use and disclose your health information, without your authorization, to a healthcare provider, such as a hospital or physician, to assist the provider in treating you. For example, the Plan may use or disclose your health information to help your doctor determine whether a particular treatment is appropriate.

2. For Payment. The Plan may use and disclose your health information, without your authorization, so that your claims for healthcare treatment, services and supplies can be paid according to the Plan’s terms. For example, the Plan may use or disclose your health information if your doctor submits a request for payment for services provided to you.

3. For Healthcare Operations. The Plan may use or disclose your health information, without your authorization, to enable it to operate efficiently and in the best interests of its participants. For example, the Plan may use or disclose your health information to conduct audits or actuarial studies, or for fraud and abuse detection.

Uses and Disclosures to Business Associates

The Plan discloses your health information, without your authorization, to its business associates, which are third parties that assist the Plan in its operations, for treatment, payment and healthcare operations. For example, the Plan may share your health information with a business associate for the purpose of obtaining accounting or consulting services or legal advice. The Plan enters into agreements with its business associates to ensure that the privacy of your health information is protected from unauthorized disclosure and, to the extent electronic protected health information is shared with its business associates, they agree to implement reasonable and appropriate security measures to protect the information.

Uses and Disclosures to the Plan Sponsor

The Plan may disclose health and eligibility information, without your authorization, to the Plan Sponsor for plan administration purposes, such as eligibility determinations, enrollment and disenrollment activities, and Plan amendments or termination. The Plan Sponsor has certified to the Plan that it will protect the privacy of your health information and that it has amended the plan documents to reflect its obligation to protect the privacy and security of your health information.
Other Uses and Disclosures That May Be Made Without Your Authorization

The federal health privacy law provides for specific uses or disclosures of your health information that the Plan may make without your authorization, which are described below.

1. **Required by Law.** The Plan may use and disclose health information about you as required by federal, state, or local law.

2. **Additional Legal Reasons.** The Plan may disclose your health information for the following purposes:
   - For judicial and administrative proceedings pursuant to court or administrative order, legal process and authority;
   - To report information related to victims of abuse, neglect, or domestic violence; or
   - To assist law enforcement officials in their law enforcement duties.

3. **Health and Safety.** Your health information may be disclosed to avert a threat to the health or safety of you, any other person, or the public, pursuant to applicable law. Your health information also may be disclosed for public health activities, such as preventing or controlling disease or disability, and meeting the reporting and tracking requirements of governmental agencies such as the Food and Drug Administration.

4. **Government Functions.** Your health information may be disclosed to the government for specialized government functions, such as intelligence, national security activities, and protection of public officials. Your health information also may be disclosed to health oversight agencies that monitor the healthcare system for audits, investigations, licensure, and other oversight activities.

5. **Active Members of the Military and Veterans.** Your health information may be used or disclosed to comply with laws related to military service or veterans’ affairs.

6. **Workers’ Compensation.** Your health information may be used or disclosed in order to comply with laws related to workers’ compensation and similar programs.

7. **Emergency Situations.** Your health information may be used or disclosed to a family member or other person responsible for care in the event of an emergency, or to a disaster relief entity in the event of a disaster.

8. **Others Involved In Your Care.** In limited instances, your health information may be used or disclosed to a family member, close personal friend, or others who the Plan has verified are involved in your care or payment for your care. For example, if you are seriously injured and unable to discuss your case with the Plan, the Plan may so disclose your health information. Also, upon request, the Plan may advise a family member or close personal friend about your general condition, location (such as in the hospital) or death. If you do not want this information to be shared, you may request that these disclosures be restricted as outlined later in this Notice.
9. **Personal Representatives.** Your health information may be disclosed to people you have authorized or people who have the right to act on your behalf. Examples of personal representatives are parents for minors, and those who have the Power of Attorney for adults.

10. **Treatment and Health-Related Benefits Information.** The Plan and its business associates may contact you to provide information about treatment alternatives or other health-related benefits and services that may interest you, including, for example, alternative treatment, services or medication.

11. **Research.** Under certain circumstances, the Plan may use or disclose your health information for research purposes, as long as the procedures required by law to protect the privacy of the research data are followed.

12. **Organ and Tissue Donation.** If you are an organ donor, your health information may be used or disclosed to an organ donor, eye, or procurement organization to facilitate an organ or tissue donation or transplantation.

13. **Deceased Individuals.** The health information of a deceased individual may be disclosed to coroners, medical examiners, and funeral directors so that those professionals can perform their duties.

**Uses and Disclosures for Fundraising and Marketing Purposes**

The Plan does NOT use your health information for fundraising or marketing purposes.

**Any Other Uses and Disclosures Require Your Express Authorization**

Uses and disclosures of your health information other than those described above will be made only with your express written authorization. You may revoke your authorization in writing. If you do so, the Plan will not use or disclose your health information authorized by the revoked authorization, except to the extent that the Plan already has relied on your authorization.

Once your health information has been disclosed pursuant to your authorization, the federal privacy protections may no longer apply to the disclosed health information, and that information may be re-disclosed by the recipient without your or the Plan’s knowledge or authorization.

**YOUR HEALTH INFORMATION RIGHTS**

You have the following rights regarding your health information that the Plan collects and maintains. If you are required to submit a written request related to these rights, as described below, you should address requests to:

**Human Resources Department**
Colgate University
13 Oak Drive
Hamilton, NY 13346
315-228-7411
Right to Inspect and Copy Health Information

You have the right to inspect and obtain a copy of your health record. This includes, among other things, health information about your plan eligibility, plan coverages, claim records, and billing records.

To inspect and copy your health record maintained by the Plan, submit your request in writing. The Plan may charge a fee per page for the cost of copying your health record, and charges you the cost of mailing your health record to you. In certain limited circumstances, the Plan may deny your request to inspect and copy your health record. If the Plan does so, it will inform you in writing. In certain instances, if you are denied access to your health record, you may request a review of the denial.

Right to Request Confidential Communications, or Communications by Alternative Means or at an Alternative Location

You have the right to request that the Plan communicate your health information to you in confidence by alternative means or in an alternative location. For example, you can ask that the Plan only contact you at work or by mail, or that the Plan provide you with access to your health information at a specific location.

To request confidential communications by alternative means or at an alternative location, submit your request in writing. Your written request should state the reason(s) for your request and the alternative means by or location at which you would like to receive your health information. If appropriate, your request should state that the disclosure of all or part of your health information by non-confidential communications could endanger you. The Plan will accommodate reasonable requests and will notify you appropriately.

Right to Request That Your Health Information Be Amended

You have the right to request that the Plan amend your health information if you believe the information is incorrect or incomplete.

To request an amendment, submit a detailed request in writing that provides the reason(s) that support your request. The Plan may deny your request if you have asked to amend information that:

- Was not created by the Plan, unless you provide the Plan with information that the person or entity that created the information is no longer available to make the amendment;
- Is not part of the health information maintained by or for the Plan;
- Is not part of the information which you would be permitted to inspect and copy; or
- Is accurate and complete.

The Plan will notify you in writing as to whether it accepts or denies your requests for an amendment to your health information. If the Plan denies your request, it will explain the reason(s) for the denial, and describe how you can continue to pursue the denied amendment.
Right to an Accounting of Disclosures

You have the right to receive a written accounting of disclosures. The accounting is a list of disclosures of your health information by the Plan to others, except that disclosures for treatment, payment or healthcare operations, disclosures made to or authorized by you, and certain other disclosures are not part of the accounting. The accounting covers up to six years prior to the date of your request, except that the accounting will not include disclosures of the Plan made before April 14, 2004. If you want an accounting that covers a time period of less than six years, please state that in your written request for an accounting.

To request an accounting of disclosures, submit your request in writing. The first accounting that you request within a 12-month period will be free. For additional accountings in a 12-month period, the Plan will charge you for the cost of providing the accounting, but the Plan will notify you of the cost involved before processing the accounting so that you can decide whether to withdraw your request before any costs are incurred.

In addition, you have a right to receive reports of any security incidents that the Employer or a Participating Employer becomes aware of that is required under the Security Rules.

Right to Request Restrictions

You have the right to request restrictions on your healthcare information that the Plan uses or discloses about you to carry out treatment, payment or healthcare operations. Also, you have the right to request restrictions on your health information that the Plan discloses to someone who is involved in your care or the payment for your care, such as a family member or friend. The Plan is not required to agree to your request for such restrictions, and the Plan may terminate its agreement to the restrictions you requested.

To request restrictions, submit your request in writing, and advise the Plan as to what information you seek to limit, and how and/or to whom you would like the limit(s) to apply. The Plan will notify you in writing as to whether it agrees to your request for restrictions. The Plan will also notify you in writing if it terminates an agreement to the restrictions that you requested.

Right to Complain

You have the right to complain to the Plan and/or to the Department of Health and Human Services if you believe your privacy rights have been violated. To file a complaint with the Plan, submit your complaint in writing to:

Human Resources Department  
Colgate University  
13 Oak Drive  
Hamilton, NY 13346  
315-228-7411

You will not be retaliated or discriminated against and no services, payment, or privileges will be withheld from you because you file a complaint with the Plan or with the Department of Health and Human Services.
Right to a Paper Copy of This Notice

You have the right to a paper copy of this Notice. To make such a request, submit a written request to:

Human Resources Department  
Colgate University  
13 Oak Drive  
Hamilton, NY 13346  
315-228-7411

CHANGES IN THE PLAN’S PRIVACY AND SECURITY PRACTICES

The Plan reserves the right to change its privacy and security practices and make the new practices effective for all health information that it maintains, including your health information that it created or received prior to the effective date of the change and your health information it may receive in the future. If the Plan materially changes any of its privacy or security practices, it will revise its Notice, and provide you with the revised Notice within 60 days of the revision. In addition, copies of the revised Notice will be made available to you upon your written request. The Plan also may decide to post the revised notice at its office locations.